



CENTRE FOR INDIAN PSYCHOLOGY (CIP)
Jain University, Bangalore

Invites you to a Lecture cum interactive session on:

COUNSELLING & THERAPY: AN INDIAN APPROACH

Speaker:

Dr. Alok Pandey

Associate Professor of Psychiatry,
Indian Air Force, Bangalore

Date: Thursday, 2nd May 2013

Time: 5:00 – 7:00pm

Venue:

Conference Hall, Centre for Graduate Studies, Jain University,
No. 34, 1st Cross, J.C Road, (Next to Stock Exchange Building),
Bangalore 560012

Registration Fee: Rs. 100/-

Limited Seats

Please confirm your participation by writing to us at centre4ip@gmail.com by 1st May, 2013

Registration and Tea/Coffee: 4.15 Onwards

All are expected to take their seats by 4.55pm

Content of the talk

The speaker will address the following three relevant issues:

1. Is there a need for an Indian approach to Psychotherapy and Counselling?
2. What is the Indian approach to the subject?
3. Discussing the applications of the Indian approach to Psychotherapy and Counselling

Profile of the Speaker

Dr. Alok Pandey graduated in medicine from the Armed Forces Medical College Pune in 1981, and then completed his postgraduate in Psychiatry from the same college. He has been a practising psychiatrist in the Indian Air Force as Associate professor of Psychiatry in Bangalore and also at the Sri Aurobindo Ashram where he is currently residing.

An internationally known speaker on subjects related to yoga, psychology, education, health etc., he has written a book called *Death, dying and beyond: The science and spirituality of death* (2009) along with several other articles besides his keen interest in poetry. Presently, he is also the contributing editor of NAMAHA (New Approaches to Medicine and Health), a journal dedicated towards developing a new vision of health as inspired by Integral Yoga.

All are cordially invited.

For more information contact:

9880739482 (Dr. Anuradha Choudry), 9880193872 (Dr. Vinayachandra B. K.)

PS: The newly released book from the Centre, 'Perspectives on Indian Psychology' will be available at a discounted price of Rs. 200/- only during the talk.