

## International Visit

Ms. Soumya Puttaraju, Assistant Professor of Psychology, Jain University was invited by the Albert Ellis Institute, New York to attend a programme at the Institute and qualify as a psychotherapist in Rational Emotive Behaviour Therapy(REBT). The programme was held from 5 to 18 July 2013.

Albert Ellis Institute (AEI) is a world-renowned psychotherapy training institute established in 1959, committed to promoting emotional well-being through the research and application of effective, short-term therapy with long-term results. The institute also contains historical value as Ellis the founder of the therapy lived and worked from there till his last days.



Ms. Soumya Puttaraju (2<sup>nd</sup> from right) with other participants