

Human Networking Academy

Human Networking Academy (HNA) was established to enhance the capabilities of individuals and organizations through professional training, research and consultancy. The aim of the academy is to bring people together and work towards a common goal to enhance productivity and effectiveness of individuals as team members. It aims at bringing about a positive transformation in individuals through a healthy infusion of 'VALUES'. Addressing the need to equip students with requisite knowledge and skills to strengthen their minds, a course titled "Mind Management and Human Values" has been designed for all UG students of Jain University. Mind Management & Human Values is a compulsory subject offered to all the Undergraduate programmes as one of the Value Enhancing Course. Vishva Chaitanya, Vishva Charana and Vishva Spandana are the three unique programmes pioneered by HNA. HNA has also taken initiative to start a Center for Indian Psychology to undertake rigorous research work in the field of Indian Psychology to establish a strong theoretical foundation as well as to evoke methods that would facilitate the study and applications of Indian Psychology in academics and the professional domain.

Areas of work nature of functioning

Sl. No	Areas of Work	Focus	Functioning
1	Mind Management and Human Values	Psychology (Concepts) <ul style="list-style-type: none"> • Life/ Soft Skills training • Yoga • Meditation • Bhagawad Gita • Leadership • Team building 	<ul style="list-style-type: none"> • Regular classes are conducted for all the First year students of the University • All classes or sessions are conducted in a highly interactive environment to ensure maximum Effectiveness. • Innovative Learning methodologies are adopted to ensure concepts and theories are understood with clarity. • Assessments on Yoga and activities are conducted regularly at the end of each cycle to track the effectiveness of the module. • Topics dealt in the subject are also taught at other Educational Institutions with a modified content.
2	Outbound Learning Programme (OBL)	Leadership <ul style="list-style-type: none"> • Team Building • Adventure Learning • Resource Management 	<ul style="list-style-type: none"> • Adventure learning camps are conducted for students. • Activities like Rappelling, Zipline, River Crossing, Parasailing, Kayaking, White water rafting are conducted regularly. • Nature Treks and Wildlife safaris form a part of this programme. • Programme is conducted for students, faculty members, corporates and other Institutions

			<ul style="list-style-type: none"> • This module is effective in teaching the participant concepts of Leadership, Importance of teams and their various applications. • Various talks on adventure learning, team cohesiveness, leadership building are also conducted at the camp.
3	Training and Development Workshops / Sessions	Life / Soft Skills Training <ul style="list-style-type: none"> • Psychology (Concepts) • Leadership • Team Building 	Highly interactive and Innovative methodologies are adopted in these sessions. <ul style="list-style-type: none"> • All sessions are modified according to the needs of the client • The complete process of module planning, designing and executing is undertaken the by the team. • Equipping teachers on the system of imparting value education to students in their institutions.
4	Emotional Guidance	<ul style="list-style-type: none"> • Educational and Emotional Guidance • Behavior Management • Stress Management • Parent Child Relationship 	Counselling sessions are conducted on a need basis after mind management and human values sessions / classes are conducted.
5	Production of Short , Silent, Thematic educational Films	<ul style="list-style-type: none"> • Address Social Issues • Relationships • Business and Moral Ethics • Values • Character and Behavior 	Produced more than 26 short, silent, thematic educational films <ul style="list-style-type: none"> • Highly effective educational tool and is utilized to its maximum potential. • The films cover a plethora of topics like social issues, relationships values, ethics etc. • Students are divided into groups and they analyse a particular film allotted to them giving them an opportunity to provide a person centric approach to the problems faced by our society. • Classroom etiquettes are also highlighted through these films • Film Analysis sessions are conducted for the Students, parents and teachers as well. • A discussion based approach with an effective teaching aid like films makes this learning tool very unique.

Contribution of the department to developmental activities

The programme helps in

- Providing opportunities to students for experimental learning in an outdoor environment through participative activities wherein their mental & physical abilities are brought to fore.
- Developing intellectual abilities like effective intelligence, reasoning abilities, organizing abilities and power of expression.
- Developing leadership qualities like initiatives, resourcefulness, self-confidence and liveliness.
- Developing presence of mind, courage and stamina and to overcome inhibitions keeps in imparting leadership skills through team activities.
- Short silent films which are embellished with great value and moral takeaways are highly effective in creating long standing impression on the minds of youngsters and is a tool to make learning last lasting.

Titles of the films produced			
<ul style="list-style-type: none"> • Stone • Prahlada Mariners Jars • World • Auction • Towards Harmony • Swami Vivekananda – Childhood Days 	<ul style="list-style-type: none"> • Waves • Birthday • Mother • Social • Mobile • Fisher Woman • Mother Teresa 	<ul style="list-style-type: none"> • Vipas Chit • Work Ethics • Are We Educated • Mannerisms • Hands • Two Children 	<ul style="list-style-type: none"> • Anna Hazare • Happy Woman • Beggar • Noise Pollution • Meditation Visuals • Vriksha

Contribution of the Department in generating new knowledge

Vishva Chaitanya – means universal consciousness, emphasizing the entire mankind as one family is an innovative personality development programme. With a view to equip students with the requisite knowledge and skills to strengthen their mind, a course titled ‘ Mind Management and Human Values’ under name ‘Vishva Chaitanya’ has been designed for 1st year degree students based on the concept of character-building, man-making and life-enhancing education.

Vishva Chaarana – Out Bound Learning (OBL) programmes are based on the philosophy that ‘Nature is the Best Teacher’. So students are moved out to the confines of their classroom and placed on the lap of Mother Nature.

Vishva Spandana – is a series of outreach programs organized for the general public where in renowned scholars regale the audience with thought provoking discourses on broad spectrum of topics.

Workshops and Seminars conducted

- Nurturing Innovation and Building Leadership for Competitive Advantage – 2009
- Spurring Innovation Management Skills for Team Leaders – 2009
- Workshop on 'Voice Culture' for M.A Carnatic Music students of Jain University -2010
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- Effective Classroom Management for Teachers – T John College – 2010
- Human Skills Development Workshop – Sir MVIT – 2013
- Ramakrishna Ashram – 2013
- Workshop on 'Voice Culture' Puttaparthi- 2014
- Leadership development workshop – Apollo Convent – 2009
- Teaching Methodology for imparting Values – Canara College, Mangalore – 2012
- Human Values Workshop – SRS College, Chitradurga
- Life Skills Workshop – SIT, Tumkur
- Seminar on Effective Communication, Human Values through Short Films – KPTCL
- Workshop on 'Voice Culture', 'Methodology of teaching' and 'Systems of Riyaz' for Foundation and Diploma Level (Hindustani Classical Vocal), Sathya Sai University, Puttaparthi, Andhra Pradesh.