



Jain University will be conducting fourth International Yoga Day 2018

Schedule:

7:15 am to 8:15 am - Yoga session for faculty and students by Mr. Joseph, Yoga Guru in 3rd floor quadrangle

8:15 am to 9:15 am - Guest Lecture on 'Benefits of Yoga' by Mr. Swarup, HNA department in Second Floor Conference Hall

8:30 am to 9:30 am - Special Yoga session for PUC and Degree students in 3rd floor Quadrangle

Venue:

44/4, District fund road
Jayanagar 9th block
Bangalore, Karnataka
560069