

JAIN UNIVERSITY

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POST GRADUATE DIPLOMA IN COUNSELLING SKILLS FOR EDUCATORS
Programme Guide

www.jainuniversity.ac.in

Programme Overview

Teaching today is not limited to an academic interaction in the classroom. In the context of the changing socio-cultural set up, schools and classroom witness behavioural, conduct, emotional and cognitive issues connected to students. Some examples of these challenges are learning disabilities, test anxiety, suicidal ideations, violent behaviours displayed by students. Most often teachers at all levels are not adequately trained to identify, diagnose and handle such challenges. Additionally teachers are expected to take responsibility to mentor, counsel and reach out to the emotional needs of students. This means that teachers have to interface with student community on a range of issues that go beyond academic concerns.

Jain University is the first to recognize the immense need and urgency in equipping teachers with the knowledge and skills connected to the above mentioned challenges. The Post Graduate Diploma in Counselling Skills for Educators is the first of its kind specifically catering to the training of teachers in psychological counselling skills. This Programme would go a long way in building the professional competence of the teacher to deal with the current requirements. The Programme is designed to cater to educators teaching from Kindergarten to College. The teachers need not have a background in psychology.

Programme Name

Post Graduate Diploma in Counselling Skills for Educators

Programme Code

5208

Duration

1 Year

Degree Awarded

Post Graduate Diploma in Counselling Skills for Educators

Total Credits

48 credits

Eligibility Criteria

The programme is open to graduate teachers with or without a B.Ed. degree. Teachers can be teaching at the pre-school level or even at the college level.

Medium of Instruction / Examination

English

Study Campus

School of Graduate Studies

JC Road, Bangalore - 560 027

Programme Advisor

Ms. Sowmya Puttaraju

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Programme Objectives

- To provide a condensed but a sound theoretical knowledge of developmental psychology to educators (kindergarten to college) who have not studied Psychology as a discipline earlier
- To provide the basic skills of psychological counselling that could be applied in the context of classrooms to deal with student related behavioural challenges
- To provide opportunity to educators to learn, apply and practice the skills required to engage with students with the aim to enhance their effectiveness as teachers

Programme Features

- This Programme focuses on helping teachers understand the developmental process and needs of the child in the current social scenario
- The Programme work pays attention to the behavioural and emotional challenges students face and trains the teachers in identifying the same
- The syllabus also attempts in providing theoretical foundation and practical opportunities to teachers to reach out to students in the context of a school / college
- The Programme work and syllabus has been designed to ensure that teachers are trained in micro skills of counseling and also get ample opportunities to practice the same
- Internship is therefore emphasized along with acquisition of theoretical knowledge
- The learning lab additionally focuses on training the educators in administration of psychological assessments that are important in an academic environment
- On the whole, the Programme aims at equipping teachers in skill sets in counselling, classroom management strategies along with a sound theoretical orientation

Curriculum Structure

Semester 1:

3 theory papers
3 learning labs
Counselling skills training
Internship

Semester 2:

3 theory papers
3 learning labs
Minor Research Project
Internship

Examinations & Assessments

Theory papers will have a semester end examinations which will be assessed for 80 marks & other 20 for IA (assignments, internal tests, class presentations, attendance, regularity of submissions, effort)

Learning Labs:

- **Laboratory related practical work will have Continuous Assessments:** 20 marks are allotted for each of the nine experiments. Criteria are quality of plan procedure and conduction of the experiment (5marks) analysis and interpretation (5marks) effort, regularity of submission (5marks) viva (5marks). An additional 20 marks is for the final overall performance- conduction, written plan, procedure, interpretation and viva. This would be assessed at the end of the semester
- **Internship:** The student will have to put in minimum 60 hours of work in place selected by the student for the internship. There would be an external (from the place of internship) and internal (from the department) evaluator of the internship undertaken by the student. 60 marks out of 100 will be assigned to the report submitted and for quality and nature of work undertaken. This would also include depth of analysis, skills demonstrated and the quality of report. There would be a final presentation given by the student. This would be assessed-20 for viva and 20 for presentation of learning
- **Minor Project:** Marks would be divided as below: 60 for written project (quality of research) 20 for CIA (regularity of submissions, attendance, effort) 20 for Viva voice