

Post Graduate Diploma (Psychological Counselling)

Program Outcomes (POs)

- PO 1: Ability to demonstrate a fundamental and systematic understanding of the academic as well as applicable skills and techniques of Psychology.
- PO 2: Developing an awareness of the current emerging developments in the field of Psychology.
- PO 3: Plan and execute psychology-related experiments or investigations, analyze and interpret data/information collected using appropriate statistical methods and reporting the findings accurately.
- PO 4: Ability to speak, read, write and listen clearly in person and through electronic media, and make meaning of the world by connecting people, ideas, books, media and technology.
- PO 5. Elicit views of others, mediate disagreements and help reach conclusions in group settings.
- PO 6. Recognizing different value systems including one's own, understanding the moral dimensions of one's decisions, and accepting responsibility for them.

Program Specific Outcomes (PSOs)

- PSO 1: Demonstrate knowledge of the major theoretical approaches and findings in psychological counselling.
- PSO 2: Demonstrate the ability to apply psychological assessment methods and principles to assess mental health in counselling relevant settings.
- PSO 3: Demonstrate skills of the psychologists of the future, equipped with ability for counselling, guidance, mental training for performance enhancement based on knowledge and training through internships.
- PSO 4: Demonstrate creative skills of using basic research in psychology through projects, with sensitivity to ethical principles.

Course Outcomes (COs)

Semester	Course Code	Course Name	Course Outcomes (COs)
I	18PGD1PC01	GENERAL PSYCHOLOGY	<p>CO1: To understand the need for theoretical and biological foundations in motivation, emotion and personality.</p> <p>CO2: Interpret and apply theoretical approaches to therapeutic treatment measures and in day-to-day life.</p> <p>CO3: Integrating the case studies of personality and bringing out the conflicts, defense mechanisms and maladaptive patterns.</p> <p>CO4: Engaging the students in highlighting the theories pros and cons and applying the concepts in case studies.</p> <p>CO5: Designing the models of brain and its functions in emotions, stress and motivation through chart papers, audio-video aids and class exercises.</p>
	18PGD1PC02	LIFE SPAN DEVELOPMENT	<p>CO1: To understand the behaviours from a developmental perspective and issues associated with every stage.</p> <p>CO2: Interpret and apply theoretical approaches to the case studies and recent stories of people.</p> <p>CO3: Demonstrate the issues in life stages by role play, brainstorming exercises with a problem in hand and simulation (Audio Visual).</p> <p>CO4: To be able to translate assessment in development related to developmental delays and special needs into practical setting during their internships.</p> <p>CO5: Collaborating the movies and mythological stories on life stages and the typical pattern observed across development.</p>

Semester	Course Code	Course Name	Course Outcomes (COs)
	18PGD1PC03	BASICS OF COUNSELLING	<p>CO1: To understand the need for counselling and applying the said skills to provide solutions and eradicate certain maladaptive behaviours.</p> <p>CO2: Interpret and apply theoretical approaches to therapeutic treatment measures.</p> <p>CO3: Demonstrate micro skills in counselling of real counselling case studies by role play, discussion and simulation (Audio Visual).</p> <p>CO4: To be able to translate the theoretical micro and macro skills into practical setting.</p> <p>CO5: Defend the therapeutic intervention proposed for different case studies.</p>
II	18PGD2PC01	BEHAVIOR DYSFUNCTION	<p>CO1: To understand the concepts of mental health and illness. Models for understanding psychopathology, causes, symptoms and types of different pathologies, classification of mental disorders</p> <p>CO2: Interpret and apply theoretical approaches to therapeutic treatment measures.</p> <p>CO3: Differentiating comparing and contrasting between the different psychopathological models for diagnosis and therapeutic approaches for neurotic and psychotic disorders</p> <p>CO4: Design and propose diagnostic criteria and therapeutic interventions for various case studies.</p> <p>CO5: Defend the therapeutic intervention proposed for different case studies.</p>
	18PGD2PC02	PSYCHOLOGICAL ASSESSMENT	<p>CO1: Explain various concepts and components of assessment procedures.</p> <p>CO2: Compare and contrast various testing and non-testing approaches to assessment.</p> <p>CO3: Translate and apply assessment procedures in different work contexts and different psychological constructs.</p> <p>CO4: Prepare psychological report as per APA guidelines.</p> <p>CO5: Appraise the controversial and ethical issues in assessment.</p>

Semester	Course Code	Course Name	Course Outcomes (COs)
	18PGD2PC03	THERAPUETIC INTERVENTIONS IN COUNSELLING CONTEXT	<p>CO1: Describe goals of psychological intervention; Professional issues; ethical issues.</p> <p>CO2: Interpret therapeutic modalities through various tools and techniques</p> <p>CO3: Distinguish and relate between various contemporary and brief psychotherapies in the counselling context across age groups.</p> <p>CO4: Distinguish and relate between various contemporary and brief psychotherapies in the counselling context across age groups</p> <p>CO5: Construct training modules based on interventions in workplace setting and executing the same.</p> <p>CO6: Integrate various expressive modalities in real life situation for a given population.</p>