

International Visit

Ms. Soumya Puttaraju, Assistant Professor of Psychology, Jain University was invited by the Albert Ellis Institute, New York to attend a programme at the Institute and qualify as a psychotherapist in Rational Emotive Behaviour Therapy(REBT). The programme was held from 5 to 18 July 2013.

Albert Ellis Institute (AEI) is a world-renowned psychotherapy training institute established in 1959, committed to promoting emotional well-being through the research and application of effective, short-term therapy with long-term results. The institute also contains historical value as Ellis the founder of the therapy lived and worked from there till his last days.



Ms. Soumya Puttaraju (2nd from right) with other participants